

**NEVER STOP
EXPLORING
LIFELONG LEARNING**



OREGON COMMUNITY ED & REC

Fall 2019

Dear Oregon Area Community:

I am pleased to introduce the Fall 2019 Community Education activity guide! The guide contains a wide variety of classes and programs designed to expand and enrich the lives of those in our community. These classes fill quickly, so we encourage you to register soon!

The theme of this book, "Never Stop Exploring," is timely as we get ready to welcome over 4,100 students back to school on September 3, 2019! Students in the Oregon School District have the opportunity each day to explore a wide variety of new topics and subject matters as the school year begins.

















This Fall is also an exciting time in our district because we are moving forward with the first phase of the 2018 Referendum plan to address population growth. This phase includes building the district's fourth elementary school, which will be located in the City of Fitchburg. Construction has been going on all summer and we will continue to update you on the progress. You may visit OregonSD.org/build at any time for the most recent updates.

We are grateful for the ongoing community support and your partnership as we plan for our future. We look forward to seeing you at one of our Community Education classes and in our schools.

Sincerely,
Dr. Brian Busler
Oregon Superintendent



Explore with us!

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Your Community Ed & Rec Staff Welcome You!

***Interested in working for
Community Ed & Rec?***
Instructors, Child Care Staff and Gym
Supervisors, Oh My!

Do you have a hobby, passion
or profession you’d like to share?
Let’s discuss a possible class for you
to teach! Call 835-4052 or e-mail
spreisen@oregonsd.org.

Amy Miller
alm@oregonsd.org 835-4017
Community Ed & Rec Director

Sarah Reisen
spreisen@oregonsd.org 835-4052
Community Ed & Rec Assist. Director

Dave Jameson
dtjameson@oregonsd.org 835-4097
Community Ed & Rec Program Coordinator

Deb Bossingham
dab@oregonsd.org 835-4086
Aquatics Director

Nancy Bogucki
nmb@oregonsd.org 835-4040
Aquatics & Summer School



EXPLORE THE ARTS!

Drawing is Fun!

Grades K-4

Does your child love to draw? In this class we will work on six different fun drawing projects using pencils, charcoal, cray-pas, markers and colored pencils as we explore drawing techniques and skills. Each child will also get a sketchbook to work on their drawing skills. Art encourages children to think, developing skills and confidence as they create! Taught by Sara Lenz.

DAY	DATES	TIME	LOCATION	FEE
Wed	Sep 11- Oct 16	3:00- 4:00PM	NKE	\$63
Wed	Oct 30- Dec 11	3:00- 4:00PM	NKE	\$63

No Class November 27

Junior Van Goghs

Grades K-7

Learn to create amazing pictures and develop your artistic skills in this line-by-line drawing class! We'll create a new drawing every time, so returning students welcome! All supplies included. Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Tue	Sep 17 & 24	3:15 - 4:15PM	PVE	\$22
Tue	Oct 1 & 8	3:15 - 4:15PM	PVE	\$22
Tue	Oct 15 - 29	3:15 - 4:15PM	PVE	\$32
Tue	Nov 5 - 19	3:15 - 4:15PM	PVE	\$32
Tue	Dec 3 & 10	3:15 - 4:15PM	PVE	\$22

Wonderful Wizardly Wands

Grades 1-6

Calling all Harry Potter and wizard fans! Join the fun and make your very own wand! We'll use a variety of materials and techniques. Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Thu & Fri	Sep 26 & 27	3:15- 4:15PM	PVE	\$24

Registering more than one child for the same class? You may be eligible for a discount! Call 835-4097 for more information.

All Things Dolls - DIY Camping Set

Grades 1-8

In this two hour DIY Workshop we will be making camping accessories for your 18" dolls! All supplies included. Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Sat	Oct 5	10:00AM - Noon	PVE	\$27

Perler Bead Fun!

Grades K-8

The sky is the limit when you're creating with perler beads! Choose from templates or freestyle your own creation. Try a 3D project! Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Thu	Oct 10	3:15- 4:45PM	PVE	\$17

DIY Zen Garden ✦RCI✦

Ages 10 and Up

Let's make a Zen Garden! We'll use a variety of materials to create a mini garden to take home that you can use to help you feel calm and centered. Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Thu	Nov 7	5:30- 7:00PM	RCI	\$27

Kaleidoscope Art

Grades K-8

Create beautiful symmetrical patterns like the ones you see through a kaleidoscope! Discover how drawing kaleidoscope style images may help you feel calm and centered while you create beautiful pieces of art! Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Thu	Nov 21	3:15- 4:30PM	PVE	\$12

Homemade for the Holidays

Grades K-7 ✦RCI✦

Spend a day (or two!) making holiday-themed crafts that can be given as gifts! These crafty projects are sure to please family members! Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Wed	Dec 4	3:30 - 4:45PM	RCI	\$17
Thu	Dec 5	3:30 - 4:45PM	RCI	\$17

Sign up for BOTH sessions for only \$30

Holiday Card Making ✦RCI✦

Grades K-7

Love to create and have fun? We'll use a variety of stamps and embellishments to create cards, bookmarks and other fun projects! Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Thu	Dec 12	3:30- 5:00PM	RCI	\$17

Artist Workshop ✦RCI✦

Grades 5-6

Join the artist workshop and create paper mache, paint and mixed media. Every young artist will find a place with freedom to create and learn new techniques. Taught by Brianna Jepson.

DAY	DATES	TIME	LOCATION	FEE
Mon	Sep 16 - Dec 16	3:30- 4:30PM	RCI	\$33

World Music and Drumming

Grades 5-7 ✦RCI✦

Explore the music of different cultures by playing drums, ukuleles, xylophones and more! We'll explore with instruments, singing and dancing. An optional performance (highly recommended!) will be held during our last meeting. No previous experience necessary, and returning students welcome! Taught by Megan Wiemann.

DAY	DATES	TIME	LOCATION	FEE
Thu	Sep 12 - Nov 21	3:30- 4:30PM	RCI	\$27

No Class October 24

Halloween Art Workshop

Grades K-4

Create a life-size skeleton painting, a pop-up 'haunted' house and lots more fun and spooky art for Halloween! Taught by Eliza Tyksinski.

DAY	DATES	TIME	LOCATION	FEE
Tue	Oct 15 & 22	3:15- 5:00PM	NKE	\$27

We will walk children between NKE & PVE but we do NOT provide transportation between other buildings. Please contact our Transportation Director to find out about bus routes & availability by calling 835-4032, or e-mailing mjfink@oregonsd.org.

Winter Musical Grades 1-6

Kids will work together to put on a show of holiday-themed musical favorites! Routines will include song and dance elements for solos and small groups. Performance for family and friends December 13. Taught by Eliza Tyksinski.

DAY	DATES	TIME	LOCATION	FEE
Fri	Nov 1- Dec 13	3:30 - 5:30PM	PVE	\$88
Fri	Nov 1- Dec 13	6:00- 8:00PM	PVE	\$88

No Class November 29
Combined class performance
December 13th 7:30pm

Learn A New Skill!

Local Spanish, Global Experience! Grades K-4

Join us for an all new exciting Spanish adventure! Join amigos as they visit restaurants, set the table, and go to a pet store. These classes are hands-on and dynamic with songs, games and activities to help young learners fall in love with language! Taught by Futura Adventures staff.

DAY	DATES	TIME	LOCATION	FEE
Mon	Oct 14 - Dec 9 & Feb 10 - Apr 20	3:00 - 4:00PM	NKE	\$230

No Class Nov 25; Feb 17; Mar 23; Apr 13.

Red Cross Baby Sitter Training Ages 10 1/2+ and up

Gather the skills, knowledge and confidence to care for young children. Learn how to respond to emergencies and illness, basic first aid, how to make decisions under pressure and how to recognize safety and hygiene issues. Students will receive an American Red Cross Certificate upon completion of the course. Taught by Frank Mozer.

DAY	DATES	TIME	LOCATION	FEE
Sat	Sept 14	9:00AM -4:00PM	NKE	\$72
Sat	Nov 9	9:00AM -4:00PM	NKE	\$72
Sat	Jan 11	9:00AM -4:00PM	NKE	\$72

Let's Sew! ✦NEW✦ Grades 2 -8

Are you looking to learn a new skill and create cool projects? This class is for beginners who are looking to learn the art of hand sewing. Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Thu	Oct 3	3:15- 4:45PM	PVE	\$17

Overcoming Anxiety for Kids Grades 3-6 ✦RCI✦

This class is designed to teach children self-insight, self-awareness and self-empowerment to help them reduce anxiety and stress. Meditation and other stress-reducing techniques will be taught. Repeat students welcome! Taught by Tina Mancusi.

DAY	DATES	TIME	LOCATION	FEE
Mon	Oct 7- Nov 11	3:30- 4:45PM	RCI	\$63

Home Alone Safety for Children Ages 8-12 AND Parent

Want to help your child get ready to stay home without you or a sitter? This class will help you and your child be ready for this big step! Parents and children will work together to develop a home alone plan that includes family rules, handling emergencies, getting along with siblings and structuring time following a curriculum developed by the University of Wisconsin Extension. Taught by Frank Mozer.

DAY	DATES	TIME	LOCATION	FEE
Sat	Oct 12	3:30- 6:00PM	RCI	\$27
Sat	Dec 14	3:30- 6:00PM	RCI	\$27

STEM AND MORE!

STEM Club: Tech Adventures Grades K-4

STEM Club introduces a new, hands on STEM learning lesson every week! In this session students will get to explore game design, intro to programming, Lego Robotics and MORE! Taught by Engineering for Kids Staff.

DAY	DATES	TIME	LOCATION	FEE
Tue	Sept 17- Oct 22	3:00- 4:15PM	NKE	\$130
Wed	Sept 18- Oct 23	3:00- 4:15PM	BKE	\$130

STEM Club: Engineering Adventures ✦RCI✦ Grades 5-6

During STEM Club, students will work together and focus on developing problem solving, critical thinking and peer collaboration skills. They will tackle Electrical Engineering, Computer Programming, Mechanical Engineering and more! Taught by Engineering for Kids Staff.

DAY	DATES	TIME	LOCATION	FEE
Tue	Sept 17- Oct 22	3:25- 4:55PM	RCI	\$135

STEM Club: Engineering Explorations Grades K-4

This session of STEM Club will help students build valuable STEM skills through problem solving and hands on work. Projects will include Electrical Engineering, Computer Engineering, Mechanical Engineering and an intro to Javascript! Taught by Engineering for Kids Staff.

DAY	DATES	TIME	LOCATION	FEE
Tue	Nov 5 - Dec 17	3:00- 4:15PM	NKE	\$130
Wed	Nov 6 - Dec 18	3:00- 4:15PM	BKE	\$130

No Class November 27 & 28

STEM Club: Tech Adventures Grades 5-6 ✦RCI✦

STEM Club introduces a new, hands on STEM learning lesson every week! In this session students will get to explore game design, intro to programming, Lego Robotics and MORE! Taught by Engineering for Kids Staff.

DAY	DATES	TIME	LOCATION	FEE
Tue	Nov 5 - Dec 17	3:25- 4:55PM	RCI	\$135

No Class November 27

Brick Builders | Rapid Racers Grades 1-4

Calling all builders! In this class you'll get to build a Formula 1 racer, land yacht and MORE! While exploring STEM concepts and LEGOs you'll watch your creations come to life. Taught by YEL Staff.

DAY	DATES	TIME	LOCATION	FEE
Mon	Oct 7 - Nov 4	3:00 - 4:00PM	BKE	\$55
Wed	Oct 9 - Nov 6	3:00 - 4:00PM	NKE	\$55

Grandmasters of Chess

Grades K-4 and 5&6

Teach It! Practice It! Puzzle It! and Play It! Students will not only learn the strategic game of chess, but they'll also be given time to practice the concepts, solve puzzles to better understand with coaching as well as play against other students in the class! Taught by YEL Staff.

Session 1 (Grades K-4)

DAY	DATES	TIME	LOCATION	FEE
Mon	Oct 14 - Nov 18	3:00 - 4:00PM	BKE	\$75

Wed	Oct 16 - Nov 20	3:00 - 4:00PM	NKE	\$75
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Session 2 (Grades 5 & 6)

DAY	DATES	TIME	LOCATION	FEE
Thur	Nov 7 - Dec 19	3:30 - 4:30PM	RCI	\$75

Junior Coding with Scratch

Grades 2-4

Teach It! Code It! Explore It! and Keep It! Students will learn story-telling and coding techniques, and how to animate their own story lines. Then they'll get to test and experiment with the program during class. Even when the class is done, students get to keep their code so they can expand on their story at any time! Taught by YEL Staff.

DAY	DATES	TIME	LOCATION	FEE
Mon	Nov 11 - Dec 9	3:00 - 4:00PM	BKE	\$60

Wed	Nov 13 - Dec 11	3:00 - 4:00PM	NKE	\$60
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Kids' Night Out

Grades 1-6

Our Kids Night Out is a high-energy, creative and fun evening full of projects, games and more! The evening includes dinner and a movie, Led by Community Ed & Rec Staff.

DAY	DATES	TIME	LOCATION	FEE
Sat	Sept 21	5:30 - 8:30PM	RCI	\$27

Sat	Nov 16	5:30 - 8:30PM	RCI	\$27
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ACTIVE YOUTH FUN!

Beginning Equestrian Skills

Grades 1-9

Learn to care for and ride horses at the Lindinhof Academy in Oregon. Course will include horse nutrition and care, how to groom, saddle and care for horses and much more! Classes will be held at Lindinhof Academy's indoor, heated riding facility, 4246 Schneider Dr, Oregon. Taught by Megan McIsaac.

DAY	DATES	TIME	LOCATION	FEE
Mon	Sep 9 - Sep 23	6:00- 7:30PM	See Description	\$78

Mon	Oct 7 - Oct 21	6:00- 7:30PM	See Description	\$78
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Mon	Nov 4 - Nov 18	6:00- 7:30PM	See Description	\$78
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Mon	Dec 2 - Dec 16	6:00- 7:30PM	See Description	\$78
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Game Time!

Grades 1-4

Playground games galore! Games will change each week depending on the interest of the group. Kickball, soccer, floor hockey and more. Learn something new or have fun playing familiar games. Taught by Jim Hanson.

DAY	DATES	TIME	LOCATION	FEE
Mon	Sep 16- Oct 28	3:00 - 4:00PM	PVE	\$22

Mon	Nov 4- Dec 16	3:00 - 4:00PM	PVE	\$22
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Family Kickball Fun

Ages 5 and up and adult

Kickball is a great game! Take a break and enjoy some fresh air while the weather is still nice and bring the whole family for a fun afternoon. Led by Katie Monk.

DAY	DATES	TIME	LOCATION	FEE
Sun	Sep 29	3:00 - 4:00PM	RCI	\$7/ family

Be On the Look Out!
Watch for flyers regarding
our No School Fun Days!

Mindful Kids

Grades 4K-1 and 2-4

Mindfulness for elementary ages! Children will cultivate lifelong skills in attentiveness, balance and compassion through songs, games, crafts and other activities that promote a deeper sense of inner and outer awareness. Taught by Kelly Petrie.

Session 1 (Grades 2-4)

DAY	DATES	TIME	LOCATION	FEE
Tue	Oct 1 - Nov 5	3:15 - 4:15PM	PVE	\$80

BKE 9:45AM

Session 2 (Grades 4K - 1)

DAY	DATES	TIME	LOCATION	FEE
Tue	Nov 12 - Dec 17	3:15 - 4:15PM	PVE	\$80

Flipped Out Tumbling!

Grades 1-4

Learn basic tumbling moves including cartwheels, rolls, handstands and more! Taught by Nate McConnell.

DAY	DATES	TIME	LOCATION	FEE
Tue	Nov 5- Dec 3	3:00 - 3:50PM	BKE	\$33

CHILDREN'S DANCE

Pre Ballet

Ages 3-4

A great introduction to ballet and class structure! We'll combine basic techniques and terminology with coordination, rhythm, stretching and creativity. Parents will be invited to a mini-performance on the last day! Thursdays taught by Dianna Johnson; Saturdays taught by Katie Monk.

Session 1

DAY	DATES	TIME	LOCATION	FEE
Thu	Sep 19 - Oct 17	5:30- 6:00PM	NKE	\$27

Thu	Sep 19 - Oct 17	6:05- 6:35PM	NKE	\$27
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Sat	Sep 21 - Oct 19	9:00- 9:30AM	NKE	\$27
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Session 2

DAY	DATES	TIME	LOCATION	FEE
Thu	Nov 7 - Dec 12	5:30- 6:00PM	NKE	\$27

Thu	Nov 7 - Dec 12	6:05- 6:35PM	NKE	\$27
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Sat	Nov 9 - Dec 14	9:00- 9:30AM	NKE	\$27
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No Class November 28 or 30

Beginning Ballet

Ages 5-7

Come join us for some fun in ballet! We'll combine basic technique and terminology with learning balance, flexibility and coordination. The last class will include a short performance. Thursdays taught by Dianna Johnson; Saturdays taught by Katie Monk.

Session 1

DAY	DATES	TIME	LOCATION	FEE
Thu	Sep 19 - Oct 17	6:40-7:10PM	NKE	\$27
Sat	Sep 21 - Oct 19	9:35-10:05AM	NKE	\$27

Session 2

DAY	DATES	TIME	LOCATION	FEE
Thu	Nov 7 - Dec 12	6:40-7:10PM	NKE	\$27
Sat	Nov 9 - Dec 14	9:35-10:05AM	NKE	\$27

Tap II

Ages 10 and up

For students who have completed the basic beginning tap class. Work on basic tap sounds through isolations, learn progressions and traveling tap steps, explore basic choreography. We will perform a short dance at the end of the session. Taught by Dianna Johnson.

DAY	DATES	TIME	LOCATION	FEE
Thu	Sep 19 - Oct 17	7:15-7:45PM	NKE	\$27
Thu	Nov 7 - Dec 12	7:15-7:45PM	NKE	\$27

Daddy and Me Dance

Ages 3-5 and Dad

A fun afternoon just for Dads and their 'littles'! We'll have 'tea', decorate cookies and learn some dances together! Dress as fancy or casual as you like (but make sure your footwear will let you bust a move!). Led by Katie Monk.

DAY	DATES	TIME	LOCATION	FEE
Sat	Oct 12	1:30-3:00pm	NKE	\$22/pair

Dance Class Attire
For Pre-Ballet and Ballet:
Tights, leggings or a leotard
Ballet slippers or non-slip socks.

For Tap:
Tap shoes must be worn.

To avoid distractions, we ask that parents please wait outside the dance classroom during classes.

Programs for Young Learners

Play and Learn

Ages Birth-4 with Adult Caregiver

Join us for free play, circle time, craft projects and more! Play and Learn sessions provide a fun, relaxed environment where children learn early math literacy and social skills through play and caregivers learn about child development, the importance of play and parenting skills. Facilitated by Community Ed staff. Registration required.

Session 1

DAY	DATES	TIME	LOCATION	FEE
Mon	Sep 9 - Oct 21	8:30-10:30AM	NKE	\$17
Fri	Sep 13 - Oct 25	8:30-10:30AM	NKE	\$17

Session 2

DAY	DATES	TIME	LOCATION	FEE
Mon	Oct 28 - Dec 16	8:30-10:30AM	NKE	\$17
Fri	Nov 1 - Dec 20	8:30-10:30AM	NKE	\$17

No Class November 25

Storytime Artists

Ages 3-5

Young learners will discover the world around them by playing, exploring and creating! We'll begin with a story, then do an art project related to the story. Children will build confidence, improve fine motor skills and make new friends! This is a child-only class. Taught by Sara Golden.

DAY	DATES	TIME	LOCATION	FEE
Mon	Sep 9 - Sep 30	11:00AM - Noon	NKE	\$27

Imagination Station

Netherwood Knoll Elementary

Ages 0-5 with adult caregiver

A FREE drop-in playroom for parents and caregivers with children ages 0-5. Come meet others and explore fun (and educational) toys including a kitchen play area, train table, dramatic play/dress-up clothes and much more! Please use the OregonSD.org website to see open times. This program is not staffed.

Please enter through the District Office - DOOR #8, 123 E Grove St.

You will need to check in with a driver's license at the front desk of the District Office.

Play Crew

Ages 3-5

In this preschool playgroup, children will learn through books, social play, movement and sensory activities. The class will be offered each week, Tuesdays, Wednesdays AND Thursdays! Please plan to attend two of our weekly sessions, but feel free to join in all three! Taught by Oregon School District Staff.

Session 1

DAY	DATES	TIME	LOCATION	FEE
Tue	Sep 17 - Nov 5	8:15-9:45AM	NKE	\$9
Wed	Sep 18 - Nov 6	8:15-9:45AM	NKE	\$9

Thu	Sep 19 - Nov 7	8:15-9:45AM	NKE	\$9
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Session 2

DAY	DATES	TIME	LOCATION	FEE
Tue	Nov 12 - Jan 14	8:15-9:45AM	NKE	\$9
Wed	Nov 13 - Jan 15	8:15-9:45AM	NKE	\$9

Thu	Nov 14 - Jan 16	8:15-9:45AM	NKE	\$9
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No Class October 24, November 27 & 28, and December 23 - January 1

Preschool Open Gym

Netherwood Knoll Big Gym

Ages 0-5 with adult caregiver

Fridays 6:00-7:00PM

October 11th

November 8th

December 13th

Join us once a month for a FREE open gym for the younger set! We'll have lots of fun activities set up and a walk-around story with Kelly Allen, Oregon Public Library Children's Librarian.

Please enter through Door 8 (District Office) or Door 10 (Main St Parking Lot). Children **MUST** be accompanied by an adult.

No School? No Classes!

When school is cancelled due to weather, please know that our Community Ed & Rec classes will not meet.

ADD SOME TOOLS TO YOUR PARENTING TOOLBOX!

Strengthening Families

Parents AND Children in Grades 5-8
 Youth will prepare for the teen years, learn how to handle frustration and develop peer resistance skills. Parents will learn how to establish family rules and expectations that work, set limits while showing love and support and encourage positive behaviors! Childcare available for younger siblings. Family dinner included every week! Taught by OSD Staff. **There is no charge for this class but registration is required.**

DAY	DATES	TIME	LOCATION	FEE
Mon	Sep 23- Oct 28	5:30 - 8:00PM	RCI	Free

The Nurtured Heart Approach

Parents of Children Ages 3-18
 Come learn an approach that can help you become the agent of change in your child's life. Begin to see your child/adolescent develop "inner wealth" and make choices that reflect the values and character you believe in. Your child learns to self-regulate and comes to identify with success! The concepts of this approach can improve your relationship with any child or teen, but are very effective with children who display difficult behaviors. This is a parent-only class. Childcare provided. Taught by Ruth Greiber.

DAY	DATES	TIME	LOCATION	FEE
Mon	Nov 4 - 25	6:00 - 7:30PM	NKE	\$22/ family

Parenting the Love & Logic Way
Parents of Children Ages 0-12

Parenting with Love and Logic has been offering solutions and resources to parents of kids of all ages since 1977. Learn how to improve parenting skills and relationships, increase the odds of having more responsible kids and change the kind of responses you get from your children. This is a parent-only class. Childcare available. Taught by Joyce Gilmour.

DAY	DATES	TIME	LOCATION	FEE
Wed	Oct 30 - Dec 11	6:00 - 7:30PM	NKE	\$22/ family

No Class November 27

Love & Logic Early Childhood
Parents of Children Ages 0-6

Love and Logic strategies just for young children! Handle misbehavior, offer choices, set limits and more! Love and Logic has been offering solutions and resources to parents of kids of all ages since 1977. Childcare available. Taught by Joyce Gilmour.

DAY	DATES	TIME	LOCATION	FEE
Wed	Sep 18- Oct 16	6:00- 7:30PM	NKE	\$22/ family

LIFELONG LEARNING FOR ADULTS STARTS HERE!

Fused Glass: Fall Suncatchers
Adults and Older Teens

Make a small fused glass suncatcher for yourself, or as a gift! Learn the basic cutting and layering techniques needed to create a lovely fall themed suncatcher, no experience needed! Taught by local artist Ann Kleckner at her studio Art Glass Delights, 5545 County Road A, Oregon.

DAY	DATES	TIME	LOCATION	FEE
Tue	Sep 17	6:30- 8:30PM	See Description	\$33

Fused Glass: Glow in the Dark Jewelry
Adults and Older Teens

Make beautiful fused glass jewelry for yourself or as a gift while you explore the properties of glass! You'll take home two beautiful pendants ready to put on your favorite chain. Materials included and no experience necessary! Taught by local artist Ann Kleckner at her studio Art Glass Delights, 5545 County Road A, Oregon.

DAY	DATES	TIME	LOCATION	FEE
Thu	Oct 17	6:30- 8:30PM	See Description	\$33

**No School?
 No Classes!**

When school is cancelled due to weather, please know that our Community Ed & Rec classes will not meet.

Fused Glass: Dichroic Jewelry
Adults and Older Teens

Make beautiful, two-toned fused glass jewelry pendants, ready to put on your favorite chain, for yourself or a friend. Materials included and no experience necessary! Taught by local artist Ann Kleckner at her studio Art Glass Delights, 5545 County Road A, Oregon.

DAY	DATES	TIME	LOCATION	FEE
Tue	Nov 26	6:30- 8:30PM	See Description	\$33

Fused Glass Holiday Gifts
Adults and Older Teens

Create beautiful, unique fused glass gifts! Project choices will include jewelry, ornaments, sun catchers and more! Make 1-4 projects, depending on size. No experience required! All materials included. Taught by local artist Ann Kleckner at her studio Art Glass Delights, 5545 County Road A, Oregon.

DAY	DATES	TIME	LOCATION	FEE
Wed	Dec 4	6:30- 8:30PM	See Description	\$33

Art With Heart
Adults and Older Teens

Spend time bringing to life your very own seasonally themed painting! Follow along as you create a beautiful portrait while adding your own spin in this guided painting session. Led by Nina Hills.

Session 1 - Autumn Birch Trees

DAY	DATES	TIME	LOCATION	FEE
Thu	Sep 19	6:15 - 8:15PM	TBD	\$40

Session 2 - Snowman & the Moon

DAY	DATES	TIME	LOCATION	FEE
Thu	Nov 7	4:15 - 6:15PM	TBD	\$40

Please Note: Class locations may change to accommodate maintenance schedules. You will receive an e-mail with the correct location about one (1) week prior to the first class. If you have any questions, please call 835-4097 or 835-4052.

Beginning Knitting: Scarf or Dishcloth

Adults and Older Teens

Learn to knit while you create a simple project! We'll cover the basics: casting on stitches, knit, purl and binding off as well as how to read a pattern. This class is designed for new knitters or those who want to brush up on basic skills. Supply list provided when you register. Taught by Rae Vogeler.

DAY	DATES	TIME	LOCATION	FEE
Thu	Sep 26 - Oct 10	6:30 - 8:30PM	TBD	\$52

Fixing Knitting Mistakes Big and Small

Adults and Older Teens

Learn how to fix dropped stitches, un-knit stitches, add lifelines & many more correction techniques! A must for every knitter. *Students should know knitting basics.* Supply list provided when you register. Taught by Rae Vogeler.

DAY	DATES	TIME	LOCATION	FEE
Tue	Oct 15	6:00 - 8:30PM	TBD	\$27

Knitting in the Round

Adults and Older Teens

Take your knitting to the next level by creating a project that is knit in the round. This class is tailored to what you choose: a hat, fingerless gloves, a cowl or a vest! Find out how to use circular and double pointed needles, join stitches to knit in the round, read knitting and stitch patterns, measure gauge, decrease stitches and fix simple mistakes. Taught by Rae Vogeler.

DAY	DATES	TIME	LOCATION	FEE
Tue	Oct 22 - Nov 5	6:30 - 8:30PM	TBD	\$52

Introduction to Brioche Knitting

Adults and Older Teens

Brioche knitting creates a lush, warm, ribbed fabric. Learn how to create the brioche row set and knit the pattern as you start a beautiful scarf. *Students should know knitting basics.* Supply list provided when you register. Taught by Rae Vogeler.

DAY	DATES	TIME	LOCATION	FEE
Tue	Dec 3	6:00 - 8:30PM	TBD	\$27

Beginning Crochet

Adults and Older Teens

Learn to crochet as you make a scrubbie or dishcloth. We not only cover hook sizes and yarn types, but basic stitches and how to read a crochet pattern. Taught by Shirley Duerst.

DAY	DATES	TIME	LOCATION	FEE
Tue	Sep 24	6:30 - 8:30PM	TBD	\$27

Pour Painting Canvas

Adults and Older Teens

Create a large, unique piece of abstract art for your walls using this popular easy technique! Taught by local artist Shirley Duerst.

DAY	DATES	TIME	LOCATION	FEE
Tue	Oct 15	6:30 - 8:30PM	TBD	\$27

Wood Sign Creation ◆NEW◆

Adults and Older Teens

Take a moment to create a one of a kind wood sign! Using paint, adhesive and laser cut wood pieces, make yours to decorate the indoors, or the outdoors! (Please Note: If you are looking to do your family name, that information would need to be collected TWO WEEKS prior to the event & will be an additional \$5.) Taught by Jerina Vincent.

DAY	DATES	TIME	LOCATION	FEE
Tue	Oct 1	6:30 - 8:30PM	TBD	\$33

Candles & Air Fresheners ◆NEW◆

Adults and Older Teens

Take some time to mix fragrances and containers, oh my! Create personalized candles or air freshener tins to brighten up your home, a dorm room or even your car! Treat yourself to something fun for yourself, give it as gift or both! Taught by Jerina Vincent.

DAY	DATES	TIME	LOCATION	FEE
Tue	Oct 29	6:30 - 8:30PM	TBD	\$38

Choose to go wickless for only \$27.

Glass Etching ◆NEW◆

Adults and Older Teens

Learn how to use etching solution and stencils, along with your own personal touches to create two glasses. They could be for yourself, or given as gift! Taught by Jerina Vincent.

DAY	DATES	TIME	LOCATION	FEE
Tue	Nov 19	6:30 - 8:30PM	TBD	\$27

Choose to do only one glass for \$17.

Still Life and Landscape Painting

Adults and Older Teens

Learn how to paint objects and scenery from life using a variety of painting techniques. Bring home several unique works of art! New and experienced painters welcome! Class supply list (about \$30) provided when you register. Taught by Leon Barrett.

DAY	DATES	TIME	LOCATION	FEE
Wed	Oct 2 - Nov 6	6:30 - 8:30PM	TBD	\$55

Independence Basics

Adults (18+)

Adults with developmental or cognitive disabilities are invited to join us twice a month for a lively evening of discussions, crafts and more. We'll do some cooking; work on life skills like shopping and money; and socialize. Led by Elisa Ried.

DAY	DATES	TIME	LOCATION	FEE
Thu	Sep 19 - Oct 3	6:00 - 8:00PM	OHS	\$17
	Oct 17 - Nov 7			
	Nov 21 - Dec 12			

Class fee waivers available. Please contact Sarah at spreisen@oregonsd.org.

WE MAKE ADULT WELLNESS FUN!

Mindful Yoga - All Levels

Adults and Older Teens

Blends the wisdom of Alignment Yoga with qualities of mindful awareness to discover a renewed connection and gentle release of tension patterns. Students develop strength, flexibility and balance in body and mind through this timeless practice. All levels welcome. Please bring your own mat and a folded blanket. Taught by Kelly Petrie.

Session 1

DAY	DATES	TIME	LOCATION	FEE
Mon	Sep 9 - Oct 21	4:45 - 6:00PM	PVE	\$60

Session 2

DAY	DATES	TIME	LOCATION	FEE
Mon	Oct 28 - Dec 9	4:45 - 6:00PM	PVE	\$60

No Class December 16

**Intermediate Mindful Yoga
Adults and Older Teens**

Build on your previous mindful yoga experience while you discover renewed connection and gentle release of tension patterns through an expanded repertoire of yoga postures, deep breathing exercises and subtle body awareness. For experienced yoga students or beginners with significant experience in the movement arts (sports, dance, martial arts). Taught by Kelly Petrie.

Session 1

DAY	DATES	TIME	LOCATION	FEE
Mon	Sep 9 - Oct 21	6:30 - 7:45PM	PVE	\$60

Session 2

DAY	DATES	TIME	LOCATION	FEE
Mon	Oct 28 - Dec 9	6:30 - 7:45PM	PVE	\$60

No Class December 16

**Mindfulness Workshop I: Waking Up Your Senses ◆NEW◆
Adults and Older Teens**

Explore a variety of mindfulness practices that are intended to awaken our perceptions without conceptual overlay, adding vividness and peaceful vitality to our experiences. Please bring a yoga mat and/or a blanket. Taught by Kelly Petrie.

DAY	DATES	TIME	LOCATION	FEE
Thu	Sep 19	6:30 - 8:30	PVE	\$27

Sign up for all FOUR workshop sessions for just \$90! Call Community Ed at 835-4097.

**Mindfulness Workshop II: Awareness of Thoughts ◆NEW◆
Adults and Older Teens**

Learn to watch your thoughts without pushing them away, or becoming entangled in them. Become familiar with your habitual tendencies and allow your mind to open up and grow. Please bring a yoga mat and/or a blanket. Taught by Kelly Petrie.

DAY	DATES	TIME	LOCATION	FEE
Thu	Oct 17	6:30 - 8:30	PVE	\$27

Sign up for all FOUR workshop sessions for just \$90! Call Community Ed at 835-4097.

**Mindfulness Workshop III: Embracing Emotions ◆NEW◆
Adults and Older Teens**

Look at emotions through the lens of curiosity. Learn to channel emotional energy in ways that lead to greater clarity, compassion & freedom. Please bring a yoga mat and/or a blanket. Taught by Kelly Petrie.

DAY	DATES	TIME	LOCATION	FEE
Thu	Nov 21	6:30 - 8:30	PVE	\$27

Sign up for all FOUR workshop sessions for just \$90! Call Community Ed at 835-4097.

**Mindfulness Workshop IV: Cultivating Kindness and Compassion ◆NEW◆
Adults and Older Teens**

Learn to pay attention through patience and nonjudgmental awareness while learning to develop mindful appreciation for our experiences just as they are. Bring a caring view to processing life's ups and downs, as well as those of the people around you. Please bring a yoga mat and/or a blanket. Taught by Kelly Petrie.

DAY	DATES	TIME	LOCATION	FEE
Thu	Dec 19	6:30 - 8:30	PVE	\$27

Sign up for all FOUR workshop sessions for just \$90! Call Community Ed at 835-4097.

**Pi-Yo ◆ONGOING◆
Adults and Older Teens**

Strengthen your core with a great workout that combines the mind/body practices of Pilates and Yoga, as well as principles of sports stretch, strength training, conditioning, and dynamic movement. Modifications challenge all skill levels. Bring a mat. Taught by Deborah Gillitzer. Each session is 6 class meetings.

DAY	DATES	TIME	LOCATION	FEE
Tue	Sep 17 - Oct 22	5:30 - 6:20PM	PVE	\$60
Tue	Oct 29 - Dec 10	5:30 - 6:20PM	PVE	\$60

No Class November 26

**Zumba ◆ONGOING◆
Adults and Older Teens**

Dance and fitness, energy and fun for all levels! Zumba is a mixture of body sculpting movements with fun steps, high energy and motivating music. Dance away your worries with a "feel happy" workout that burns calories! Taught by Deborah Gillitzer.

DAY	DATES	TIME	LOCATION	FEE
Tue	Sep 17 - Oct 22	6:30 - 7:30PM	PVE	\$60
Tue	Oct 29 - Dec 10	6:30 - 7:30PM	PVE	\$60

No Class November 26

**WERQ Fitness ◆NEW◆
Adults and Older Teens**

WERQ is the wildly addictive, fast-paced cardio dance workout based on the hottest pop and hip-hop music. Great for everyone, as we layer moves so anything can be modified. There are no mistakes - only SOLOS! Tuesday & Saturday taught by Katie Salzman; Sunday and Wednesday taught by Heather Fleming.

Session 1

DAY	DATES	TIME	LOCATION	FEE
Tue	Sep 10 - Oct 15	6:15 - 7:15PM	TBD	\$33
Sat	Sep 14 - Oct 19	8:00 - 9:00AM	TBD	\$33
Sun	Sep 8 - Oct 13	8:00 - 9:00AM	TBD	\$33

Session 2

DAY	DATES	TIME	LOCATION	FEE
Tue	Oct 22 - Nov 26	6:15 - 7:15PM	TBD	\$33
Sat	Oct 26 - Nov 30	8:00 - 9:00AM	TBD	\$33
Sun	Oct 20 - Nov 24	8:00 - 9:00AM	TBD	\$33

More Adult Recreation opportunities on Page 16!

Thrive Fitness ✦NEW✦
Adults and Older Teens

This conditioning class trains all body muscle groups while giving you both a strength and cardio workout! Modifications are available to help adapt the workout to all levels. Meet personal fitness goals and reach new ones! This course offers eight classes in each 4 week session. Taught by Kristen DuPuis.

DAY	DATES	TIME	LOCATION	FEE
Tue & Thu	Sep 10 - Oct 3	6:00- 7:00PM	OHS	\$52
Tue & Thu	Oct 8 - Oct 31	6:00- 7:00PM	OHS	\$52
Tue & Thu	Nov 5 - Nov 28	6:00- 7:00PM	OHS	\$52
Tue & Thu	Dec 3 - Dec 19	6:00- 7:00PM	OHS	\$52

Meal Planning ✦NEW✦
Adults and Older Teens

Join a group of people who understand the "What's for dinner?" crisis, and have fun in this four week class to learn how to meal plan effectively and in a manageable way that will work for your family. All materials are included! Taught by Jamie Mamerow.

DAY	DATES	TIME	LOCATION	FEE
Wed	Oct 30 - Nov 20	6:30 - 7:30	OHS	\$105

Our classes are held in many locations around our community! Here are the addresses for each.	
NKE Netherwood Knoll Elementary 276 Soden Dr	PVE Prairie View Elementary 300 Soden Dr
BKE Brooklyn Elementary 204 Division St	RCI Rome Corners Intermediate 1111 S. Perry Pkwy
OFD Oregon Fire & EMS 131 Spring Street	OMS Oregon Middle School 601 Pleasant Oak Dr
SR CTR Oregon Area Senior Center 219 Park Street	

55+ Fitness Classes
at the Oregon Area Senior Center | 219 Park Street, Oregon
Call 835-5801 to register for these classes!

Zumba Gold

Modified for the active older participant! Fun, friendly and invigorating! Taught by Anne Stone. Try your first class FREE!

DAY	DATES	TIME	FEE
Tue & Thu	Ongoing	9:45- 10:30AM	\$3/ class

Zumba Gold Advanced

Take the moves you learn in Zumba Gold to the next level. For this class, the steps are a little faster and more complex, but even more fun! Taught by Anne Stone.

DAY	DATES	TIME	FEE
Tue & Thu	Ongoing	8:30- 9:30AM	\$3/ class

Rhythm + Move

A fun and interactive group class for all levels, focusing on balance, strength and flexibility. Led by Sam Wernberg, Pt, DPT.

DAY	DATES	TIME	FEE
Wed & Fri	Ongoing	12:45- 1:45PM	\$5/ class*

*Free for Silver Sneakers members.

Gentle Yoga

Designed for older adults or those who wish to explore yoga at a slower pace. Yoga postures and pre-yoga exercises help develop strength and balance. Taught by Kelly Petrie.

DAY	DATES	TIME	FEE
Fri	Ongoing	9:00- 10:00AM	\$6/ class

Strong Women

Increase your flexibility and balance while you strengthen your muscles and bones! This program was created for mid-life and older women. Taught by Vickie Carroll.

DAY	DATES	TIME	FEE
Mon & Thu	Ongoing	10:30- 11:30AM	\$3/ class
Tue & Thu	Ongoing	5:30- 6:30PM	\$3/ class

Parkinson's Exercise

The class is specifically designed for anyone that has been diagnosed with Parkinson's Disease. Take the time to learn Parkinsons-specific movement deficits, while we will work on improving function, mobility, mood and quality of life while reducing falls, all in a fun atmosphere! **Please enroll through Stoughton Hospital by calling: 835-5373.** Taught by Rachel Peerenboom.

DAY	DATES	TIME	FEE
Tue	Ongoing	10:30- 11:30AM	\$5/ class

Computers and Technology with Milly

ALL AGES WELCOME!

The classes below are offered at:

Oregon Senior Center
219 Park Street, Oregon

Please register for these classes by calling 835-5801.

All classes are \$20 and are taught by Milly McCartney.

The class time will always be 4:00-6:00PM, unless otherwise noted.

Computer Help & Instruction: One on One with Milly

Sign up for one hour appointments with Milly for specialized software and help navigating your computer and peripherals. Classes are offered the first Wednesday of each month at the Oregon Senior Center, and are only \$25. For \$5 more, Milly will come to your home! Call 608-212-1653 to schedule an appointment. See dates and times below.

Dates:

October 2 | November 6 | December 4
(No September Sessions)

Times

3:30-4:30PM and 4:30-5:30PM

Get to Know Alexa **NEW**

Learn all the wonderful things you can do with Alexa and the Amazon Echo. Set your alarm, check your calendar for the day, and ask Alexa to remind you of upcoming events or tasks to do. She can tell you the weather, order your groceries, play music, even get pizza delivered. Leaving knowing Alexa better and all the cool things she can do for you!

September 18

Google Apps

Explore some of the many apps Google has to offer. Google Docs and Sheets work like Word and Excel and can be shared on any personal computer; Windows or Macbooks. Be introduced to Google+, Books, Map, and Drive. You can video chat, send personal group text messages, edit and store photos with Picasa. Yes, even Picasa is now a Google app! The options are endless.

October 16

Get to Know Alexa **NEW**

Learn how to control the lighting, thermostat, and entertainment systems in your home, as well as all the basics. Set alarms, manage shopping and to-do lists. Learn how to connect your speaker to YouTube, Pandora and various News outlets. You will leave with a better understanding of your Google Home and Google Assistant.

November 20

Online Selling

Learn simple techniques and keywords to selling your stuff online. Learn how to upload pictures, write a good description of your item and be safe exchanging goods and taking payments. Find social media sites, free classifieds, and business sites to sell your goods.

December 11

Village of Brooklyn Recreation

Find out what the Village of Brooklyn has to offer from classes to Fairs to Family Movie Nights! Go to brooklynrecreation.org, e-mail us at recreation@brooklywi.gov, or find them on Facebook at Brooklyn-RecWi!



**OREGON
PUBLIC
LIBRARY**

256 Brook Street, Oregon
835-3656

Mon.-Thur. 9:00am-8:00pm

Fri. 9:00am-6:00pm

Sat. 9:00am-3:00pm

oregonlibrary.org

Oregon Public Library Has Events for ALL Ages!

Please check the library events calendar for details of all our events. The list below is just the beginning!

Storytime for Baby - Preschool Aged Children (mornings, evenings and Saturdays)

STEAM Programs for Elementary Aged Children

Teen Advisory Board - Teens have a Voice at the Library!

Sewing & Craft Clubs for Teens and Adults

Book Clubs for Teens and Adults On-site and online

Tech Classes

Friday Night Trivia (at Headquarters)

Reading Programs

We also offer special collections and services:

Special Collections: seeds, cake pans, early learning backpacks & more.

Free Wi-Fi and Internet

Computers and Laptops - available by reservation

Wi-Fi Printing

Scanning, Printing and Copying

One-on-One Tech Help

Proctoring

Visit www.oregonpubliclibrary.org/calendar/month

Oregon School District Community Pool

249 Brook Street/www.oregonsd.org/pool/835-8617

25-Meter, 6-Lane Pool • 12' Deep Diving Well • Hot Tub
 Daily, Monthly, Semester and Yearly Passes • Group Lessons
 Lap, Open and Family Swim • Scuba Diving Classes
 Deep and Shallow Water Exercise • Private Lessons
Red Cross Certified Program



MEMBERSHIP FEES

GENERAL PROGRAMS

Deep Water Exercise & Shallow Water Exercise:
 Older teens and adults, non-swimmers and swimmers. Includes warm-up, stretching and toning, aerobics, and cool-down.

Lap Swim:

Open to all ages. You may swim at your own pace but you must swim laps for recreation and/or conditioning. A minimum of two lanes will be available.

Private Lessons:

Private lessons are for adults and children that would like a one-on-one learning environment.

Family Swim:

Open to all ages. Responsible teen or adult must be in water with a child who cannot touch bottom at the 3 foot end.

Preschool Swim:

For children not yet in kindergarten. Responsible teen or adult must be in water at all times.

Open Swim:

Open to all ages. Responsible teen or adult must be in water with a child who cannot touch bottom at the 3 foot end.

Pool Rental available on a limited basis. See our website for details or call 835-8617.

Special Olympics Swim Team

Open to anyone age 8 and up who has an intellectual disability and is able to swim. The Special Olympics Swim Season runs from February to May, ending with the State Meet at the beginning of June.

Oregon Special Olympics has other fun year long activities too! Exciting things from bowling, basketball, power lifting, track & field, softball, golf and lots of fun social outings! Anyone ages 8 and up with an Intellectual Disability qualifies. Come create great freindships, opportunities for leadership and much, much more! Call Amy Verheyden at 608-692-1428 or e-mail averheydenso@gmail.com for more information!

Pool passes may be used for open, lap, preschool and family swims and for the use of the whirlpool. Classes for children and adults have additional fees. The cost for Oregon School District Residents (R) fee is listed first, followed by the non-resident (NR) fee. Seniors (65+) qualify for discounts on some passes. There is no charge for children under 2. Published fees are subject to change by the Board of Education. Sorry, No Refunds on Pool Passes!

Daily Fee

For recreational swimming and/or use of the whirlpool

Youth	\$1.50
Adult	\$3.00
Youth 20 Punch Card	\$26 (R); \$30 (NR)
Adult 20 Punch Card	\$52.50 (R); \$60 (NR)
Family Swim	\$3 (R); \$6 (NR)

Water Exercise

Teens/Adults	\$2.00 per class
Teen/Adult 20 Punch Card	\$32 (R); \$40 (NR)
Senior (65+)	\$1.35 per class
Senior 20 Punch Card	\$20 (R); \$27 (NR)

Yearly Pass

Single	\$75 (R); \$150 (NR)
Family	\$115 (R); \$230 (NR)
Senior (65+)	10% discount

School Year Pass (Sept 1, 2019 - June 13, 2020)

Single	\$60 (R); \$120 (NR)
Family	\$90 (R); \$180 (NR)
Senior (65+)	10% discount

Semester Pass (Sept 1, 2019 - Dec 31, 2019 or Jan 1, 2020 - June 13, 2020)

Single	\$40 (R); \$80 (NR)
Family	\$55 (R); \$110 (NR)
Senior (65+)	10% discount

Winter Pass (October 13, 2019 - March 14, 2020)

Single	\$40 (R); \$80 (NR)
Family	\$55 (R); \$110 (NR)
Senior (65+)	10% discount

Summer Pass (June 14, 2020 - August 31, 2020)

Single	\$35 (R); \$70 (NR)
Family	\$45 (R); \$90 (NR)
Senior (65+)	10% discount

Monthly Pass

Single	\$18 (R); \$36 (NR)
Family	\$25 (R); \$50 (NR)

Families who qualify for free or reduced school meals are eligible for a free or reduced fee pool family membership and group swim lesson fees. Sorry, no scholarships are available for private lessons, or Scuba or Lifeguard classes. Apply at the Pool Front Desk. Please bring your OSD Eligibility letter.

COMMUNITY POOL

Oregon Pool
Fall Schedule
9/1/2019 – 12/31/19

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7am	Lap 5:30-7:45am	OCSC/OHS 5:30am-7:30am	Lap 5:30am-7:45am	OCSC/OHS 5:30am-7:30am	Lap 5:30-7:45am	OHS/OCSC 6:00-8:00am	The pool will be CLOSED 9/3,11/29, 12/24, 12/25,12/31
7-7:30am							
7:30 – 11:00am							
	Oregon School District Physical Education Swimming Lessons						
	SEE NOONTIME SCHEDULE						
12 – 3pm							Open 1:00-4:00pm
	Oregon School District Physical Education Swimming Lessons Special Open Swims from 1-3pm are: (10/24, 10/25, 11/27, 12/23, 12/26, 12/27, and 12/30)						
3:00-3:30pm	OCSC 3:00-4:00pm	OHS 3:30-6:00pm	OCSC 3:00-4:00pm	OHS/OCSC 3:30-6pm	OCSC 3:00-4:00pm	Available for Rental www.oregonsd.org/reservations	Family 4:00-5:30 pm Lessons Sept 15- Oct 27 And Nov 3 – Dec 15
3:30-4:00pm	OHS/OCSC 4:00-6:00pm	OCSC 5:00-9:00pm	OHS/OCSC 4:00-6:00pm		OHS 4:00-6:00pm		
4:00-4:30pm							
4:30-5:00pm							
5:00-5:30pm							
5:30-6:00pm							
6:00-6:30pm	Lessons Sept 9 – Oct 21 And Nov 4 – Dec 16	Lap 6-7pm Open 7-8pm Shallow Water Ex	Lessons Sept 11 – Oct 23 And Nov 6 – Dec 18	Lap 6-7pm Family 7-8pm Deep Water Ex	OCSC 6:00-9:00pm	OCSC 6:00-8:00pm OCSC – Oregon Community Swim Club oregonswimclub.com OHS – Oregon High School Swim Team	
6:30-7:00pm							
7:00-7:30pm							
7:30-8:00pm							
8:00-8:30pm							
8:30-9:00pm							
	Please Note: The pool will close 15 minutes after the last activity is over. Please be sure to complete your swimming in time to be out of the locker room by closing time. Parents need to pick up children within this 15 minute period. Please notify the pool if you are going to be delayed.						
	The pool will be closed at 4:30pm on Sept 3rd, Sept 17, Oct 8th, and 22nd for Oregon High School Girl's swim meets. The pool will be closed at 4:30pm on December 10th for Oregon High School Boy's swim meets.						

Spectators are always welcome.

OREGON POOL SWIM DESCRIPTIONS FALL 2019

Open to residents and non-residents.

Family Swim: Children must be accompanied in the water by 18 year old or older member of own family. At all times responsible teen or adult must be in water with a child who cannot touch bottom at 3' end (recommended height is 4'). **Lap Swim:** Open to all ages. You may swim at your own pace but you must swim laps for recreation and/or conditioning. A minimum of two lanes will be available. Mask, fins, and snorkel allowed in lap swim. **Open Swim:** Open to all ages. Children under age of 7 must be accompanied by a responsible teen or adult; this teen or adult must be in the water at all times with a child who cannot touch bottom at 3' end (recommended height is 4'). **Preschool Swim:** For children not yet in kindergarten and responsible teen or adult; this teen or adult must be in the water with child. **Special Afternoon Open Swims:** Same as all other open swims. Held only on those dates listed under special open swims on the schedule. No registration required. **Water Exercise:** For older teens and adults of all ages; non-swimmers and swimmers. Includes warm-up, stretching and toning, aerobics, and cool-down. Adapt workout to your own level. Some deep water exercise with flotation devices may be included. **Whirlpool:** May be used during all regularly scheduled recreational swims. It may not be used during lessons or water exercise. Minimum age of 18 years. Please follow guidelines posted on door and wall of whirlpool room9

SCUBA DIVING LESSONS AT THE OREGON POOL!

Details and registration information on at oregonsd.net/pool

Classes taught by Breezeway Bubbles Scuba LLC

Bubblemaker for Kids

Ages 8 and Up

\$65

Offered Sunday (1 Day Class):

September 29 | October 20 |
November 17 | December 15

1:00 - 3:00PM

No pre-training is required for this course!
Swimmers should be comfortable in the water.

Discover Scuba

Ages 10 and Up

\$40

Offered Sunday (1 Day Class):

September 29 | October 20 |
November 17 | December 15

1:00 - 3:00PM

No pre-training is required for this course!
Swimmers should be comfortable in the water.

Scuba (Open Water) Certification Class

Ages 10 and up

\$325

Offered Saturday AND Sunday (2 Day Class):

September 28 & 29 | October 19 & 20
November 16 & 17 | December 14 & 15

Saturday Class: 8:30AM-4:30PM

Sunday Class: 1:00-5:00PM

Students should be able to swim and tread water. Complete this course and get a lifetime PADI Open Water card! Fee includes use of all gear. Pre-registration and pre-class homework required. Saturday class takes place at the pool (one day fee \$225). Sunday class takes place at an area lake.

Scuba Review: Certified Divers Only

\$85

Offered Saturday (1 Day Class):

September 28 | October 19
November 16 | December 14

11:00AM - 4:00PM

Before you head off on your next dive trip, practice your dive skills! Fee includes use of gear if needed. Divers should be certified Open Water or higher.

LIFEGUARD CLASS

Offered at the Oregon Pool



WHO: Anyone 16 Years, or Older

WHEN: Monday, August 19, 2019 - Friday, August 23, 2019
8:00AM - 4:00PM

WHERE: Oregon Pool - 249 Brook Street, Oregon, WI 53575

COST: \$190.00 (This includes an online manual that can also be downloaded.)

WHAT: Become certified in Lifeguarding, CPR/AED and First Aid

REGISTRATION: www.OregonSD.org/pool

REQUIREMENTS: ALL PARTICIPANTS WILL NEED TO PASS A PRE-TEST BEFORE ENTERING THE PHYSICAL PART OF THE CLASS.

- Swim 300 continuously, demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 min, 40 seconds
 - Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
 - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object.

MORE GREAT WAYS TO LEARN - AND EARN - AT THE POOL!

Water Safety Instructor (WSI) Trainings: Want to become a swimming instructor? This 40-hour class teaches the instructional background of the American Red Cross "Learn to Swim" Program. Once you have completed this course you will be certified to teach the American Red Cross "Learn to Swim" program in any American Red Cross Pool.

Lifeguard Certification: Want to be a lifeguard? This course is open to ages 15 - adult. Instruction includes advanced lifesaving techniques needed to be a Lifeguard at a pool. This 35 hour program will also certify you in CPR for the Professional Rescuer, AED, First Aid as well as Lifeguarding.

Lifeguard Review Class: American Red Cross Lifeguard Certification review and recertification. Includes CPR, AED and First Aid certification. Pre-test of swimming skills required.

For upcoming classes check the pool website at OregonSD.org/pool or call 835-8617 for more information!

REGISTRATION INFORMATION

There are no make-up classes. If the school district closes due to bad weather, the pool will also close.

Refunds are given if cancellation is made at least 1 week prior to the start of the swim class. If payment is not made by the due dates, you child will be removed from the class list. Cancel 1 week prior to start date required for refunds.

For pool questions and swim levels, call 835-8617

PARENT/CHILD AQUATICS PROGRAM - Course Descriptions

Parent/Child lessons familiarizes young children to the water and prepares them to learn to swim. It is not designed to teach children to become good swimmers, or to survive in the water on their own, but gives parents safety information and teaches techniques to help orient their children in the water.

Parent/Child 1 (Ages 6 months - 2 years)

Holding and support techniques
Water adjustment
Safe water entry and exit
Exploring the pool
Buoyancy on front and back
Swim on front and back
Water Safety skills

Parent/Child 2 (Ages 2 and 3)

Holding and support techniques
Water adjustment
Safe water entry and exit
Breath control
Buoyancy on front and back
Swim on front and back
Water Safety skills

PRESCHOOL PROGRAM - Course Descriptions

For children 4-5 years without an adult. All preschool classes will be based in water safety activities. This is an age appropriate class with some skill grouping within the class. Children remain in these classes until they are 6 years old.

Preschool Level 1 - Beginner

Safe water entry/exit
Blowing bubbles
Submerge mouth, nose & eyes
Front and back glide with support
Change directions in water
Swimming on front and back (assisted)
Water Safety skills

Preschool Level 2 - Intermediate

Safe water entry/exit
Open eyes underwater/retrieve object
Front/back glides and floats
Swim on front (assistance)
Swim on back (assistance)
Treading water
Water Safety skills

Preschool Level 3 - Advanced

Fully submerge, hold breath-5 sec
Front/back glides/floats (independent)
Change directions in water
Swim on front (independently)
Swim on back (independently)
Treading water
Water Safety skills

LEARN TO SWIM PROGRAM - Course Descriptions

For children ages 6 years and up. Throughout this program, participants build on their skills to learn various propulsive movements on the front, back and side. As the levels increase, participants learn to refine the different strokes and build endurance.

Learn to Swim Level 1

Entry/exit
Open eyes/retrieve object
Front/Back glides and floats
Swim on front
Swim on back
Change directions in water
Water Safety skills

Learn to Swim Level 2

Hold breath-10 sec
Front glide and Jellyfish float
Back glide and Back float, 15 sec
Change directions in water
Swim on front/back
Rotary breathing and Tread water - 15 sec
Water Safety skills

Learn to Swim Level 3A

Safe water
Headfirst water entry, sitting/kneeling
Streamlined flutter kick
Survival float-30 sec
Back float-1 min (deep water)
Tread water- 1 min (deep water)
Front crawl - 15 yds
Water Safety skills

Learn to Swim Level 3B

Breaststroke kick
Tread water 1 min, deep water
Elementary backstroke-15 yds
Scissor kick-15 yds
Front crawl-15 yds
Rotary breathing 15 times
Water Safety skills

Learn to Swim Level 4A

Headfirst entry from side -stride position
Swim underwater 3-5 bodylength
Survival float 1 min. in deep water
Backstroke, 25 yds/Back crawl, 15 yds
Tread water, 2 kicks, 2 minutes
Front crawl-25 yds
Water Safety skills

Learn to Swim Level 4B

Backstroke open turn
Breaststroke-15 yds
Sidestroke-15 yds
Front crawl, 25 yds
Butterfly-15 yds
Elem. Backstroke-25 yds
Water Safety skills

Learn to Swim Level 5

Shallow-angle diving
Tread water, 5 min.
Open front flip turn
Front crawl-50 yds
Elem. Backstroke-50 yds
Breaststroke-25 yds
Water Safety skills

Learn to Swim Level 6

Front crawl/Elem. Backstroke-100 yds
Sidestroke/Breaststroke-50 yds
Butterfly/Back Crawl-50 yds
Backstroke flip turn
Swim 500 continuously
Review skills and dives
Water Safety skills

Teen/Adult

For all ability levels
Individualized instruction
Learn to swim
Learn a new swim skill
Train for triathlon
Improve strokes
Improve endurance

PLEASE NOTE: Groups are run independently from the Oregon School District by volunteers. For more information please visit the organization's website.

Oregon Area Youth Sports

For information regarding scholarships that may be available, speak to an organization representative.

OREGON YOUTH BASEBALL

Website: oregonyouthbaseball.org

OREGON YOUTH BASKETBALL

Website: oregonbasketball.org

YOUTH CHEER CLINICS

Contact: klpierce@oregonsd.org

OREGON YOUTH FOOTBALL

Website: oregonyouthfootball.com

OREGON YOUTH HOCKEY

Website: oregon.pucksystems2.com

GIRLS ON THE RUN

Website: girlsontherunscwi.org

OREGON LACROSSE CLUB

Website: www.oregonlacrosseclub.org

OREGON RUGBY CLUB

Website: rugbymadison.org/clubs/

OREGON SPECIAL OLYMPICS

Website: <http://bit.do/OregonSO>

MADISON SPEED SKATING CLUB

Website: madcityspeedskate.com

OREGON YOUTH SOCCER

Website: oregonsc.com

OREGON-BROOKLYN YOUTH SOFTBALL

Website: oregonyouthsoftball.com

OREGON COMMUNITY SWIM CLUB

Website: oregonswimclub.com

OREGON KIDS TRIATHLON

Website: oregonkidstri.com

OREGON YOUTH TRACK

Website: oregonwitrack.com

OREGON YOUTH WRESTLING

Website: <http://www.leagueline-up.com/welcome.asp?url=oywc>

ACERS VOLLEYBALL CLUB

Website: Acersvbc.com

TOPSoccer of Wisconsin

TOPSoccer is a training and team placement program for athletes ages 5 and up with disabilities.

For more information email topsoccer.madison@gmail.com or look for MadisonTOPSoccer on Facebook!

Oregon Area Adult Sports & Recreation

Adult Open Basketball

Oregon Middle School Gym
601 Pleasant Oak Dr, Oregon
Sundays 5:00-7:00pm
Wednesdays 5:30-7:30pm

Adult Hockey Open Ice

Oregon Ice Arena
100 N Perry Parkway, Oregon
Specific Information at:
onicepromotions.com/oregonicearena

Pickleball Open Play

Outdoor Play: Late Spring - Fall
Oak St Tennis Courts in Oregon
Ladies Only
Mon, Tue, Thur 8:00AM
Open Play
Tuesdays & Thursdays 6:00PM
Indoor Play: Late Fall - Spring
Oregon High School
456 N Perry Parkway, Oregon
Enter through Main Entrance
Sundays 10:00AM - Noon
Open Play | \$2.00
More Information: alm@oregonsd.org

Oregon Soccer Coed Adults Recreation (OSCAR)

Pickup Games for Adults

Indoor Play: Fall-Spring

Rome Corners Intermediate

1111 S Perry Parkway

Tuesdays 7:30-9:00PM

Outdoor Play: Late Spring-Fall

Oregon Jaycee Park Field 13

200 Block N Perry Parkway, Oregon

Wednesdays 6:00 - 8:00PM

More Information: phocksi@mac.com

Oregon Area Softball Association

Monday Night - Women

Tuesday Night - Men

Wednesday Night - Men over 35

Thursday Night - Men

7:00-10:00PM

oregonadultsoftball.com

Summer Tennis League

More Information: http://www.wisconsin.usta.com/USTA_League_Tennis/Madison_Area_League_Tennis_MALT/

Tai Chi

More Information: tauping@charter.net

Oregon Tuggers Tug of War Club

More Information: <https://www.facebook.com/groups/122001661829>

Sunday Adult Power Coed Volleyball League

OHS Field House

456 N Perry Pkwy

Sundays 6:30-9:30pm

Sep-Dec and Feb-May

Contact: Sean Kirwan

kirwansj@gmail.com | 608-293-3522

Learn to Skate!

6 week sessions
for all ages

Oregon Community Sports Arena

100 N Perry Parkway | 835-9650

oregon.pucksystems2.com

Check our website for current dates and times and prices!

Oregon School District Performances

All student group performances are free except OHS Musical.
Times and Locations subject to change. Please check the OSD website calendar.

Date	Time	Concert / Event	Location
October 14	7:00pm	OMS Orchestras	OHS PAC
October 21	7:30pm	OHS Orchestras	OHS PAC
November 8	7:30pm	OHS Musical - Guys and Dolls	OHS PAC(\$)
November 9	7:30pm	OHS Musical - Guys and Dolls	OHS PAC(\$)
November 10	2:00pm	OHS Musical - Guys and Dolls	OHS PAC(\$)
November 12	6:00pm	RCI Grade 5 Orchestra Recitals	RCI
November 18	6:00pm	RCI Grade Orchestra Recitals	RCI
November 19	7:00pm	RCI Choirs	OHS PAC
November 21	7:00pm	OMS Bands	OHS PAC
December 3	6:00pm	PVE Orchestra and Choir	PVE
December 5	7:00pm	OMS/OHS Choirs	OHS PAC
December 9	6:30pm	BKE Orchestra and Choir	BKE
December 12	7:30pm	OHS Orchestras	OHS PAC
December 16	7:30pm	OHS Bands	OHS PAC
December 17	6:30pm	NKE Orchestra and Choir	OHS PAC



Homecoming 2019 Good Luck Panthers!



Homecoming Parade

Friday, October 4 at 2:00PM

Oregon in Motion at Panther Stadium

Friday, October 4 at 5:00-6:00PM

Varsity Football vs. Monona Grove

Friday, October 4 at 7:00PM

Homecoming Dance

Saturday, October 5 at 8:00 -11:00PM

This year's theme is **OUTER SPACE.**

PROGRAMS, CONCERTS & EVENTS



Oregon Community Band



Musicians of all ages and experience levels are welcome!

Rehearsals Tuesdays at Oregon Middle School Band Room

7:00-8:30PM | September 24 - November 12

Fall Concert November 19th 7:00PM at the PAC, located at 456 N. Perry Parkway, Oregon.

Find out more at oregoncommunityband.org

OREGON AREA SENIOR CENTER
219 Park Street | 835-5801

Mon - Fri, 8:00AM - 4:00PM
oregonareaseniorcenterwisconsin.com



Support Groups:
Weight Loss Support
Mondays at 1:00PM

Veterans Group
4th Tuesday at 9:00AM

Weekly Game Groups:
Dominoes: Mondays at 10:30AM
Bridge: Mondays at 1:30PM
Sheepshead: Tuesdays at 12:30PM
Mahjongg: Thursdays at 12:30PM
Euchre: Wednesdays at 1:00PM

Wellness Activities:
Regular Drop-In Exercise

Reflexology with Beth Hilgendorf
2nd & 4th Monday Mornings
\$25/30 minutes or \$45/60 minutes

Chair Massage with Gary Kuzynski
2nd & 4th Thursdays
\$10/15 minutes or \$20/30 minutes

Foot Care for Diabetics provided by Home Health United
1st Monday Morning
\$25

Foot Care provided by Stoughton Hospital
1st & 4th Wednesdays
\$20

FREE Blood Pressure Screening
Fridays: 9:30 - 10:30AM

FREE Health Talks with UW-Madison Pharmacy Students. Check website for upcoming dates and topics.

Recreation:
Bingo: 4th Tuesday 9:30AM
Pool Players: Thursdays 9 AM
Rubber Stamps: 3rd Thursday 9AM
Silver Threads Senior Club Card Parties, Movies, Events monthly!

Senior Services:
Adult Day Program
Mon/Wed/Fri: 9AM-1PM
Home Delivered Meals
Weekdays: 11am-noon
Congregate Meals
M/T/W/F: 11:45 at Sr Center
Thursdays: 11:30-1:00 at Ziggy's.
All meals suggested donation \$4, if possible.

Transportation: Call 835-5801 to reserve a ride. Donation of \$1 - \$3

Outreach/Case Management

Legal Help by Appointment

Volunteer Opportunities

Request the Monthly Newsletter: Call 835-5801 or E-mail oasc1980@gmail.com

Check out our upcoming free community events!

<p>Fall Business Expo October, 15th 6:00-8:00pm</p> <p>This is a free event for everyone, all are welcome. Stop in and see the great businesses we have in Oregon, and meet new people. A great networking opportunity.</p>	<p>Small Business Sales Event November - December</p> <p>Watch for our Small Business sales event. Look for great deals from your local businesses.</p> <p>THINK BIG • SHOP SMALL</p>	<p>Holiday Tree Lighting & Chili Dinner Friday, December 6th</p> <p>Join us as we sing christmas carols and watch Santa arrive on the Fire Truck to light the tree! Then walk over to the Fire Department and enjoy chili & hot dogs! Free event - All Welcome</p>
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For more information about these events visit www.oregonwi.com

Join us on **facebook**

Oregon Community Education and Recreation has a Facebook page!
We post updates, reminders and more! Join us!
facebook.com/pages/Oregon-School-District-Community-Education-Recreation

Are you a senior citizen looking for something to do in the Fitchburg area? Reach out to the Fitchburg Senior Center and learn about classes, recreation opportunities, health & wellness activities, senior services and more. There's even a monthly newsletter for just \$10 a year!

Fitchburg Senior Center
 5510 E Lacy Road
 Monday - Friday 8:00AM - 4:00PM
 608-270-4290
www.city.fitchburg.wi.us

Fitchburg Senior Center

Emotional & Personal
 Intellectual
 Spiritual
 Social
 Physical

Dedicated to your Wellness...

Call: 608-270-4290

Fitchburg Public Library

5530 Lacy Road, Fitchburg
 729-1760

Mon- Thurs 9am-9pm
 Fri & Sat 10am-6pm Sun 1-5pm

The Fitchburg Library offers programs for children, teens and adults! Check the online calendar each month for exciting classes, fun story-time activities & special opportunities just for teens! Please visit the library web site for dates and times of programs and activities at <http://fitchburgwi.gov/822/Library>.



900 Ridge St
 Stoughton, WI 53589
 608-873-6611
stoughtonhospital.com

Stoughton Hospital is another wonderful resource for classes and events. To sign up please visit the Stoughton Hospital website at stoughtonhospital.com and under the "Wellness" tab click "Classes and Events." Questions? Please contact Sonja at 873-2356.



The Stoughton Hospital Foundation raises funds to benefit the hospital, its services and projects. Since 1974 it has contributed millions of dollars to help purchase medical equipment, provide scholarships and much more. Learn more at <http://stoughtonhospital.com/stoughton-hospital-foundation/>

Fitchburg Parks & Rec
 608-270-4285

Fitchburg Parks & Recreation offers classes, sports and other selections for learners of all ages! Non-residents are welcome! Programs include soccer, Spanish for pre-schoolers, piano, dance, flag football, & many more. Visit <http://www.fitchburgwi.gov/Recreation> to see current class offerings, schedules and information.

OREGON AREA FOOD PANTRY

107 N Alpine Parkway | Oregon WI 53575 | www.obfp.org

Pantry guests, please bring large laundry basket or large box. First time guests, please bring a photo ID or a utility bill showing an Oregon School District address.

Making a Donation?

The Oregon/Brooklyn Food Pantry accepts donations during all distribution hours on Tuesdays and Thursdays AND on the Second Saturday of every month from 10-11am!

OPEN

Tuesdays

9:00-11:00AM

Thursdays (dates listed below)

4:00-7:00PM

- August 8 and 29
- September 12 and 26
- October 10 and 31
- November 14 and 28
- December 12 and 26



Donation Drop Off

Saturday

10:00-11:00AM

- August 10
- September 14
- October 12
- November 9
- December 14

VILLAGE OF OREGON INCORPORATED 1983 Wisconsin

Brush collection Second Monday of the Month April through October.

Yard Waste Drop Off Site is located at 91 N Perry Parkway (South of the Waste Water Treatment Plant)

Leaf Collection begins October 21, 2019.

Alternate Side Parking runs November 15 - April 1. (Midnight - 6:00AM)

Visit the Village Web Page for information and announcements!
<http://www.vil.oregon.wi.us/>

Oregon's Local Charter Cable Access Station
On-Demand videos of sports and community events
Live Streaming | Web videos | Copies of programs
ocamedia.com



Welcome



- Live or work in the Oregon Area?
- Let's sit down and officially welcome you!
- This visit is a free service!
- Free gift certificates and coupons to local businesses and much more!

Contact **Cathy Grender** to receive your free visit today!
cathy@welcomeneighbororegon.com
(608) 220-1468
Visit our website: www.welcomeneighbororegon.com

World Class Performers At Home

2019-2020 Brand NEW Concert Series for ALL AGES

Hosted by Oregon Performing Arts Center | 456 N. Perry Parkway, Oregon, WI 53575

Discounted Series Tickets Available for a Limited Time!

First Performer: Saturday, October 12, 2019



Jane L. Powell

*Sassy. Groovy. Vibrant. Funky. Rhythmic. Exciting.
Unpredictable. Lyrical. Brilliant.*

A voice brimming with love, joy and laughter that carries you away, R&B/Jazz vocalist Jane L. Powell entertained Queen Elizabeth II, sang as a headline entertainer for Oprah Winfrey's "Cruise of a Lifetime," stole the night from legend Ray Charles, and presents knockout shows that listeners rave about. She possesses the depth of experience to draw upon the rich traditions of popular music, blend them with her unique vocal abilities and vibrant personality, and create music to uplift any audience. After all... singing from the heart, with a little wit, never goes out of style! | Ages 12 & Up



Friday, March 6, 2020

ReVoiced: Much more than your typical A Cappella group. | Ages 8 & Up

Friday, May 1, 2020

Buckets N Boards: A hilarious and high-energy show full of percussion, song and dance. | Ages 5 & Up

For Pricing and Ticket Purchases Visit oregonperformingartscenter.com.

COMMUNITY ORGANIZATIONS

14 South Artists 14southartists.com

A group of artists, using diverse media from diverse backgrounds, promoting the visual arts in the communities and rural areas of South Central Wisconsin.

Anderson Park Friends andersonparkfriends.org

APF works with the Dane County Parks Department to develop, protect, preserve and enhance Anderson Farm County Park.

Brooklyn-Oregon American Legion Post 160

PO Box 262 | Brooklyn, WI 53521

A veterans support and community service organization open to veterans of all branches of the service. For more information, please contact James P. Brown, Commander at 608-516-5401 for more information.

Friends of Badfish Creek Watershed

rockrivercoalition.org/chapters/badfish/

FBCW works to identify and eradicate invasive riverbank plants, clean up the stream bed and sponsors an annual canoe tour. To get involved, contact Lynne Diebel at lsdiebel@gmail.com.

Friends of the Oregon Library

PO Box 173 | Oregon, WI 53575

Community volunteers supporting the library and providing programs for children and adult patrons. For more information call 835-3656.

Friends of the Oregon School District

friendsofosd.com

Provides resources so that all children have a healthy, positive environment in which to learn. Contact by email at FriendsofOregonSchoolDistrict@gmail.com.

Joy of Living Meditation Group

contemplative.ed@gmail.com

Monthly meditation group that provides an opportunity to practice in a community setting. All are welcome. No charge. Led by Kelly Petrie.

Knights of Columbus Council 13480

Holy Mother of Consolation Catholic Church
651 N. Main Street | Oregon, WI 53575
608-835-5763

The Knights of Columbus promotes and conducts programs in a variety of areas including youth, community church, school and council. For more information contact Brian Peterson 225-7761.

MOPS: Mothers Of Preschoolers

<http://www.mops.org/groupsearch/>

A Christian based support group for mothers of young children.

Hillcrest MOPS

752 E Netherwood St | Oregon, WI 53575

1st and 3rd Thursday of the Month

8:45 - 11:00 AM

St Ann Catholic Church MOPS

23 N Van Buren St | Stoughton, WI 53589

3rd Thursday of the Month

7:00 - 9:30PM

Optimist Club of Oregon-Brooklyn

PO Box 143 | Oregon, WI 53575

A service club supporting youth with school recognition programs and scholarships, encouraging optimism as a philosophy of life, respect for the law and interest in government and civic affairs through volunteerism.

Oregon Area Historical Society

159 W Lincoln St | Oregon, WI 53575

oregonareahistoricalociety.org

Dedicated to preserving Oregon's unique history, OAHS operates a museum, provides clothing local events and houses archives and local family histories.

Sept - May

1st Saturday | 12:00PM - 4:00PM

June - August

Tuesdays | 10:00AM - 4:00PM

1st Saturday | 12:00PM - 4:00PM

Oregon Booster Club

www.oregonboosters.com

The Oregon Booster Club is a parent/volunteer run organization which provides support to student athletes both on and off the field. They raise money through our memberships, concessions, partnerships, sponsorships and special events to provide our students what they need to succeed.

Oregon Band Boosters

P.O. Box 283 | Oregon, WI 53575

oregonbandbooster.org

The Oregon Band Boosters support student band programs including the Shadow Drum and Bugle Corps through volunteering and fundraising.

Oregon Choral Boosters

oregonchoirs.weebly.com/oregon-choral-boosters.html

Interested parents support the vocal music classrooms through volunteering their time, talents and financial support. Fundraisers help provide scholarships to seniors, scholarships for music camps and other opportunities, and financial support for field trip funding.

Oregon Community Gardens

103 N Alpine Parkway | Oregon, WI 53575

Plots are 18' x 18'. Half plots and raised beds are also available. Plots going to new gardeners will be tilled. Returning gardeners can choose to have their plot tilled each Spring. Organic overall, although Roundup occasionally used to control thistles.

Contact: Barbara Feeney

bafeeney@gmail.com or 608.843.2272

Oregon Area Education Foundation

Oregon Community Bank | c/o Daniel Behrend
733 Main Street | Oregon, WI 53575

The Oregon Area Education Foundation (OAEF) supports education initiatives in the Oregon School District. Many grants given help support school district-sponsored activities. The Foundation is the fiscal agent for the Friends of The Oregon School District (FOSD) and for "Sing Out Louise", an annual musical event honoring the late Louise Uphoff.

Oregon Horse Association

5676 Alpine Road | Brooklyn, WI 53521

oregonhorseassociation.org

Non-profit organization dedicated to promoting all breeds of horses and styles of riding, for all ages. Horse shows, parades and educational programs.

Oregon-Brooklyn Lions Club

PO Box 215 | Oregon, WI 53575

e-clubhouse.org/sites/oregonb

This service club sponsors Stuff the Bus, raises money for the Lions' Camp for the Disabled, Wisconsin Lions Eyeglass Bank and many community service projects.

Oregon Masonic Lodge & Order of the Eastern Star

201 Park St | Oregon, WI 53575

This fraternal organization provides support for community projects, scouting events, AED donations and an annual scholarship. Please contact 608-220-1924 for more information.

Oregon Straw Hat Players

201 Market St | Oregon, WI 53575

oshponline.org

Amateur theater offering opportunities for volunteers to participate in all production areas. Striving for excellence while stressing enjoyment and entertainment in the Oregon area. Three productions each year including a children's production.

Rotary Club of Oregon

PO Box 145 | Oregon WI 53575

oregonrotary.org

A service club dedicated to working both locally and globally through community projects. Supports prairie restoration at Lerner Park, awards college scholarships, facilitates bike safety rodeos and more. Visitors and new members welcome!

Three Gaits, Inc

3741 Highway 138 West | Stoughton, WI 53589

3gaits.org

Therapeutic horsemanship center that provides equine assisted activities and therapies that enhance the lives of people with physical, emotional or intellectual challenges. Volunteers welcome!

Oregon-Brooklyn VFW Post 10272

PO Box 206 | Oregon, WI 53575

The VFW honors the dead by serving the living through community service. Please call 217-7198 for meeting dates and times.

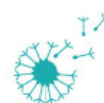
Get Involved with FOSD!

Adopt a Lunch Balance
Help Supply Healthy Snacks
Support the
Backpack Project

Champions Fund: Helps give kids opportunities to participate in experiential events by assisting with instrument rental, athletic fees and similar needs.

Learn more at friendsofosd.com

Kids learn best when they are fed, healthy and have a positive environment in which to learn.



FRIENDS OF
OREGON
SCHOOL DISTRICT

Explore Oregon!

Oregon Historic Districts Walking Tours & Oregon Bike Trails

Pick up a trail guide at the Oregon Welcome Center Oregon Chamber of Commerce Oregon Area Historical Society or download a copy: <http://bit.do/OregonHistory>



HELP KIDS EXPLORE THEIR INTERESTS AND DISCOVER NEW ONES!

4-H Clubs | Grades 1 and up
 Brooklyn Mighty Mites 455-1448 OR brooklynmightymites.org
 Fitchburg Fireflies - 332-4434
 Oregon Headliners - 669-0516

Girl Scouts | Grades K-12
gsbadgerland.org

Cub Scouts | Ages 6 to 11
 Pack 350 (Oregon) oregonpack350@hotmail.com
 Pack 352 (Brooklyn)

Boy Scouts | Ages 12-18
 Troop 168 www.troopwebhost.org/Troop168Oregon
 Troop 50 www.oregontroop50.org



A free, safe, supervised, drop-in program for youth in 5th through 9th grades.

School Year Hours
 Monday - Friday
 3:00 - 6:00PM
 No School Days
 Noon - 5:00PM

Summer Hours
 Monday - Thursday
 Noon - 5:00PM
 Fridays
 1:00 - 4:00PM

For more information please call 886-9093 or visit oregonyouthcenter.org.

Oregon Area Wellness Coalition Events

October

-International Walk to School Day | October 4th
 -Oregon in Motion | October 4th 5:00 - 6:00PM at Oregon High School Panther Stadium

November

-Candelight Hike | November 2nd 5:00 - 8:00PM at Anderson County Park

December

-Community New Year's Eve Celebration | December 31st 5:30 - 7:30PM at the Oregon Library, Senior Center and Netherwood Knoll Elementary

January

-Adults Get Fit & Wellness Expo | January 11th 9:00AM - Noon at Oregon High School

March

-Kids Get Fit | March 14th 9:00AM - Noon at Oregon High School

April

-Oregon/Brooklyn Community Clean-Up | April 1st-30th at Local Area Parks
 -Pay it Forward | April 15-28



Oregon is a Dementia Friendly Community!

We're working to make sure individuals with dementia

- are able to live good and comfortable lives
- live as independently as possible
- continue to be a functional part of our community
- are met with patience & understanding
- are given support where necessary

Learn more about Dementia Friendly Communities at daneadrc.org/dementia_friendly

We are



Dementia Friendly

COMMUNITY AND SCHOOLS WORKING TOGETHER

Work permits

Workers aged 14-15 years can apply for work permits at OHS Student Services Office at 456 N. Perry Parkway during school hours or the District Office at 123 E. Grove Street between 7:30 and 4:30 Monday-Friday. **Please Bring:** letter of intent to hire from the employer with employer signature and contact information and minor's assigned job duties, signed letter from parent giving permission to get the work permit, minor's physical social security card, minor's birth certificate or passport and \$10 check or cash for the permit fee. Children 16 and older are no longer required to get a work permit. Please check with your employer for their policy. If you have any questions, call 835-4091.

Volunteer in the schools and share your time with children

Make an impact by working with children, supporting teachers, assisting in the library or tutoring a student. **A background check is required.** Please apply online at oregonsd.org/volunteer or visit any school office in the district. If you have any questions, please call 835-4052.

Reserve indoor and outdoor facilities

Visit oregonsd.org/reservations to reserve district facilities and Village of Oregon parks and shelters. **Questions about school reservations:** For Gyms Contact Mike at macarr@oregonsd.org or 835-4335; For Other School Facilities Contact Sherri at skt@oregonsd.org or 835-4016; For Village Parks and Shelters Contact Deb at dab@oregonsd.org or 835-4086.

Display or distribute information in our buildings

To share information on bulletin boards or through fliers distributed to students, you must have approval from Community Ed & Rec. Please read the District Policy at <https://www.oregonsd.org/Page/5358> before requesting approval. Drop off flyers at 123 E Grove St or email dtjameson@oregonsd.org. Please allow for FIVE (5) school days for distribution. Please note we do not make copies of flyers for distribution.

YOU can help us extend Community Education & Recreation opportunities to children and families who need financial help by contributing to our Scholarship Fund!

Add a donation to our scholarship fund when you register!

www.oregonsd.org/community

Thank You!

Thank You Oregon High School!

Our district strives to focus on 21st Century Standards which incorporate real world opportunities into the classroom. The cover artwork for this publication is designed by the Advanced Desktop Publishing class at Oregon High School under the direction of Adam Wamsley.

Cover Design by
Kieran Connery

Prevent Prescription Drug Abuse

Two thousand kids between the ages of 12 and 17 abuse prescription drugs for the first time every day. Commonly abused drugs include OxyContin, Vicodin, Codeine, Xanax and Valium. Teens also misuse stimulants prescribed for ADHD (Ritalin, Dexedrine and similar drugs.) Twelve year olds are more likely to use prescription medications than marijuana. **YOU CAN HELP!** Lock up your meds and dispose of expired and unused medication safely.

FREE Prescription Drug Disposal Drop Box
Oregon Police Department Lobby
Monday-Friday 8:00AM to 9:00PM

FREE Drug Storage Lock Boxes and Bags and Drug Disposal Bags
Oregon Area Senior Center, Brooklyn Fire Station & Oregon Police & Fire Stations

Lock Boxes, Lock Bags and Disposal Bags

Provided by OregonCARES through a grant from the

Wisconsin Department of Health Services State Targeted Response to the Opioid Crisis Prevention Services.



Be Aware. Don't Share.

PREVENT GARAGING WITH REFRIGERATOR LOCKS!

Garaging: taking alcoholic beverages from open garages by underage drinkers.

Protect yourself and the kids in your neighborhood with free, easy to install refrigerator door locks. Locks available from the Oregon Police Department Monday- Friday 8:00AM to 5:00PM, or call 835-3111.

Refrigerator Locks Sponsored by OregonCARES

Gun locks are also available at the Oregon Police Department.



It's Easy To Register!

Register Online! Visit us at oregonsd.org/community

Register online any time and pay with a credit or debit card.

View availability of classes in just a few clicks!

Don't have internet access? Registration Available

Oregon Pool 249 Brook St

District Office 123 E Grove St

WiFi and Computers are also available at the Oregon Public Library and at the Oregon Senior Center.

Scholarships

We will waive or reduce fees for children meeting the criteria for free or reduced meals, or adults whose income requires support. Participants are encouraged to pay a portion of the program fee when possible. Most programs require a partial contribution from families; **some programs do not have scholarships available.** We may limit the total scholarship assistance given to a family. **Scholarships are only available to OSD residents. Call the Community Ed & Rec office at 835-4052 prior to registration to request assistance.**

Registration Confirmation

Class confirmation, including class location and supply lists will be **emailed** a few days before the scheduled start date.

Don't Wait!

Please don't wait until the last minute to register! Registering early allows us to plan for materials, facilities, etc. Unfortunately, programs may be cancelled if minimum enrollment is not met.

Our classes are held in many locations around our community! Here are the addresses for each.	
NKE Netherwood Knoll Elementary 276 Soden Drive	PVE Prairie View Elementary 300 Soden Drive
BKE Brooklyn Elementary 204 Division Street, Brooklyn	RCI Rome Corners Intermediate 1111 S. Perry Parkway
OHS Oregon High School 456 N Perry Parkway	OMS Oregon Middle School 601 Pleasant Oak Drive
Oregon Fire Oregon Fire & EMS 131 Spring Street	Senior Center Oregon Area Senior Center 219 Park Street

INCLUSION The Oregon School District welcomes individuals of all abilities and will provide reasonable accommodations that allow for program participation without fundamentally altering the program. To access services for Community Ed & Rec programs, please provide us with information about your disability when you register or by calling 835-4097. Inclusion services at the Oregon Pool classes are also available. Please call 835-4086 to request assistance at the pool.

REFUNDS A request for credit/refund will be accepted up to one week prior to the start of a program. Credit will be refunded to the account used for payment (credit or debit). Credits/refunds requested less than a week prior to the start date of an activity will be handled on an individual basis.

CONTRACTED PARTNERS We contract with a variety of individuals and businesses to provide learning opportunities in our sites.

PHOTOGRAPHY On occasion video or photographs are taken of participants. If you do not wish to participate, please notify the photographer, instructor or our office.

SEVERE WEATHER When schools close or release early due to inclement weather, all Community Ed & Rec activities are cancelled. We will send an email and try to call individuals registered for classes. Please check radio and TV or oregonsd.org for the latest on warnings and emergencies. Please call 835-4097 or 835-4052 (M-F) to find out the status of a class. We will do our best to reschedule or add time to other classes to make up for cancelled classes.

NON-DISCRIMINATION Per state and federal law, the Oregon School District does not discriminate on the basis of sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional or learning disability or handicap in its education programs or activities.

By the Numbers 2018-2019

Thank you for learning with us!



3968
Registrants
For classes



608



357

Community Ed & Rec

Classes
Offered

251

Aquatics

500+

Participants in
Parenting Classes
since 2010

Water Exercise
Attendance

7500



6 Months Old
Youngest Participant

94 Years Old
Oldest Participant



**Oregon
Performing Arts
Center**

312: Number of Days the
Performing Arts Center
has been used.

26,300: Estimated total
audience size.

#TrySomethingNew

#CloseToHome

#BuildingCommunity

Open to find your
next adventure!

Oregon School District
123 East Grove St.
Oregon, WI 53575
www.OregonSD.org



ab Actively
c Building
Competency, Character,
Culture & Community



JOIN US!

www.oregonsd.org/community